

From the Principal:

As 2019 drew toward the end, we stayed very busy at St. Francis Elementary. All students in grades K-5, took the Winter Fastbridge screener. (These results will be sent home with your child's second quarter report card.) Our students have made great strides working during WIN reading and math. We are anxious to see where the rest of the school year takes us!

With Christmas sneaking upon us, several classes were able to enjoy extra activities to get us in the Christmas spirit! The Third Grade class and Mrs. Confer entertained audiences at the Senior Citizen's Center and the Village. Almost all classes participated in Christmas gift exchanges of some sort, bringing excitement to all. We all enjoyed watching Frozen 2 at the movie theater, courtesy of our wonderful PTO. Grace Flying Service also spoiled us with popcorn and drinks. We ended 2019 singing around the Christmas tree!

One of our favorite outings was to the St. Francis Assisted Living Facility. We shared our annual Christmas Tea tradition with them, with Mrs. Confer leading all students in several festive songs. The smiles were contagious as the residents living there enjoyed interacting with the students.

It's unbelievable how much good is happening at the school! I hope you all had a Merry Christmas and enjoyed the break.







Chinese Acrobats

St. Francis Elementary was fortunate to have Chinese Acrobats entertain us before Christmas break. This year's group was straight from the Cirque du Soleil circuit in Las Vegas! These acrobats presented astounding feats of skill, focus and athleticism throughout the program!





January 2020

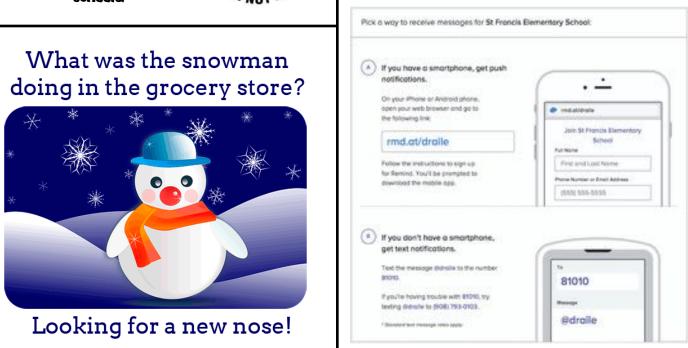
Due to allergies, please do not bring nuts/peanuts (or any foods that contain them) into the USD 297 schools.





Sign up to receive important updates from St. Francis Elementary. Please contact your child's teacher or Miss Raile if you have guestions.

Get information for St Francis Elementary School right on your phone-not on handouts.



Eat a Rainbow Every Day! Try these terrific tips for helping your family take simple, but significant, steps each day towards a healthier lifestyle. These ways incorporate more fruits and veggies into your daily diet. Those extra nutrients will give you the energy you'll need to plow through the winter months.

- ✓ Teach your kids to "Eat the Rainbow" every day. This is a fun way for kids to get the nutrition they need. Kids love to keep track of all the colors they eat during the day – even green!
- ✓ Get the kids involved. When children have a role in meal planning, they are more inclined to eat it. Get them excited about the process!
- ✓ Incorporate 30 extra minutes of activity into each day. This doesn't have to be 30 consecutive minutes. Try parking in the farthest parking spot in the parking lot, taking the stairs, or walking the dog an extra block.
- ✓ Introduce your children to new foods regularly, and don't give up if they're not immediately a hit. The more you offer new foods, the greater variety of foods your child will eat.
- ✓ Let your child make choices. As long as she's selecting nutritious foods, it's okay to allow your child to pick what she wants to eat, even if it means she's eating a particular food again and again for a while.
- ✓ Always (or as often as possible) eat around the table with the family. Studies show that this promotes healthy eating habits and decreases the risk of obesity and obesityrelated diseases down the road.

January 2020

January Classroom in the Spotlight





Third grade has surely kept Mrs. Ochsner on her toes! They have studied and made simple machines. They invented and constructed a new toy. They sang to entertain several community members. They also helped at the food pantry. Third grade has grown while learning and experiencing so much already this year!









We have several items hanging in our lost and found corner. There are several good sweatshirts, jackets, coats, hats, and gloves that need claimed. Please take a look to see if something is yours.





January 2020

WHEN IS SICK TOO SICK FOR SCHOOL?



Send me to school if_

I have a runny nose or just a little cough, but no other symptoms.

I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.

Liheven't thrown up or had any diarrheat for 24 hours.



Keep me at home if ...

I have a temperature higher than 100 degrees even after taking medicine.

I'm throwing up or have diarrhea.

My eyes one pink and crustly.



Call the doctor if...

I have a temperature higher than 100 degrees for more than two days.

Eve been throwing up or have dianthea for more than two days.

I've had the sniffles for more than a week, and they aren't getting better.

(still have asthma symptoms after using my asthma medicine (and call 91) if (m having trauble breathing after using an inholer).



My favorite thing that we did when we made our Thanksgiving meal was mixing all of the ingredients together. I liked it because when I made the apple dump cake you just dumped everything in the pan. Also eating was a blast! ~Alexis Zimbelman

4th Grade Thanksgiving Feast

What I love most is the apple dump cake because it put moisture in my mouth. Most of all, it gave me delicious taste of apples. Also, the shopping was my favorite. We got to shop and look at the prices to see which one offbrand and regular brand. ~Madisyn Hays





My favorite part of it was it was like a Thanksgiving feast not on Thanksgiving. I liked it because I am always hungry! I love food and my teacher calls me a bottomless pit. My favorite food was the tator tot casserole because of the tater tots and the melted cheese. ~Tyce McAtee









First Grade visited the Post Office

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			NO SCHOOL	NO SCHOOL	NO SCHOOL	
			NO SCHOOL	NO SCHOOL	NO SCHOOL	
			NEW YEAR'S	New Year's	New Year's	
			DAY	Break	Break	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
10						
19	20	21	22	23	24	25
	NO SCHOOL					
	MARTIN LUTHER					
	KING DAY					
04	07	00		20	1	
26	27	28	29	30	31	
					1	1
					12. 12	